



## Instructions for Student

1. Use a timer to make sure you spend the right amount of time on each thing you need to practice.
2. Put the days of the week in between your lessons in the chart, so if your lesson is on Monday the days will be Tuesday-Sunday.
3. Check off the pieces/scales as you practice each day.
4. If you find something difficult, write it in the last column and bring the log to our lesson so you can talk about the problems with your teacher.

## Instructions for Teacher

1. List pieces and scales in the “Practice This” column.
2. Indicate a length of time (range is best) that the student should practice each thing on the list.
3. Number the list so your student knows what to do first, second, third, etc.
4. At each lesson, review the log with your student and discuss the things they noted in the final column.